

## CHICHI UKOHA



Chichi is a Christian Nigerian-trained medical professional with a background in Medicine and Surgery. She is also a UK-licensed medical doctor with a passion for maternal health. Her clinical practice is complemented by her experience as a clinical data analyst, allowing her to approach women's health with a data-driven perspective. Chichi recently graduated with a Master of Public Health degree from King's College, London, and is also an associate of the Royal College of Obstetrics and Gynaecology (RCOG).

She is dedicated to advancing women's health through research and participated in the 2023 Cochrane Colloquium in London while studying at King's College, London, further enhancing her research skills. Her dissertation, titled "Umbrella Review of Pharmacotherapy Interventions for Polycystic Ovarian Syndrome (PCOS)," received a distinction grade and has been submitted for presentation at the forthcoming RCOG conference.

Currently, Chichi provides comprehensive prenatal, antenatal, and postnatal care at a maternity hospital, identifying high-risk patients for specialist referral. Her approach to women's health is holistic and data-driven, combining clinical experience with public health training and a commitment to evidence-based medicine.

Chichi aims to continue her contributions to Obstetrics and Gynaecology through research, clinical practice, and professional development. She seeks to leverage her expertise to influence healthcare policy and clinical practice, ensuring all women have access to high-quality maternal care.

Chichi's vision is to be at the forefront of advancements in women's health, driving improvements in clinical practices and healthcare outcomes for women globally. In her free time, she enjoys studying, volunteering, and travelling.

## DEBORAH LONGE



Deborah is midwife completing her Masters in Public Health at Kings College London. She studied midwifery at London South Bank University. Thereafter Deborah has worked as a midwife, caring for women throughout the perinatal period and gained experience in quality improvement, maternity governance and policy. In her spare time she also coordinates an annual homeless outreach in her local community since 2016 and has an interest in population health and health promotion. Deborah is also passionate about women's health, maternity care and health protection. As a MPH student she has furthered her knowledge in public health which she can utilise in midwifery. She is currently working on her dissertation project titled: 'Informing improvements in maternity care for women experiencing language barriers: A systematic review of qualitative research'. Outside of work and study Deborah enjoys visiting museums and singing.'

## RESHMA RAMESH



Reshma Ramesh is a doctor from India with a Master of Public Health from King's College London. Upon graduating from medical school in 2021, she worked as a non training resident in a tertiary care teaching hospital in India - often recognized as an Institute of National Importance. Her internship period during COVID and the robust public health system in India, made her more passionate about public health and she took the leap to pursue MPH in the UK. She is passionate about women's health, particularly sexual and reproductive health and is volunteering with Menstrual Rights Global to advocate for the right to menstruate with dignity. Going forward, she aims to pursue her specialty training in the UK and integrate her public health knowledge into daily clinical practice to reduce health inequalities and achieve better health outcomes. Outside of her profession, Reshma is an avid reader and writer, a trained Indian classical singer and dancer and loves to visit museums and parks.

## BIPASHA DEURI



Bipasha Deuri Bharali is an international student from India. She is a dedicated healthcare professional with a passion for improving public health. She earned her Bachelor's degree in Medicine and Surgery (MBBS) from India before pursuing a Master's in Public Health from King's College London. This multidisciplinary education provided Bipasha with a comprehensive understanding of both clinical practice and population-level health initiatives, equipping her with a unique skill set to tackle complex health challenges. Bipasha's exceptional academic abilities were further reinforced when she received a distinction for her dissertation, titled "Effect of GLP-1 Agonist on the Liver Health in Individuals Living with Obesity/Overweight."

This achievement highlighted her in-depth knowledge and expertise in the crucial fields of obesity and metabolic health disorders. In her free time, Bipasha likes travelling, cooking and reading.

## SANA ZAIN



Dr. Sana Zain is a dedicated healthcare professional with a strong academic and professional background. She holds a Bachelor of Medicine and Bachelor of Surgery (MBBS) degree from Fazaia Medical College in Islamabad, Pakistan. She has always been passionate about making a significant impact in healthcare. Driven by her commitment to enhance community health on a broader scale, Dr. Zain pursued a Master's in Public Health (MPH) from King's College London in the United Kingdom. This advanced degree provided her with essential skills and knowledge in public health principles, epidemiology, health promotion, and disease prevention. Her dissertation, titled "Estimating the Prevalence of Multimorbidity Among the Adult Population in Primary Care Settings of European Countries – A Systematic Review and Meta-analysis," was awarded a merit, demonstrating her ability to conduct thorough research and contribute valuable insights to the field. Currently, Dr. Zain applies her expertise within the NHS administration. In this role, she is executing her skills in optimizing healthcare delivery systems and ensuring effective management of patient care. Her work is characterized by a deep understanding of both clinical and administrative aspects of healthcare, enabling her to bridge gaps in the health outcomes of the community. With a strong foundation in medical education and a specialized focus on public health, Dr. Sana Zain is committed to driving positive change in healthcare and promoting health equity. Her journey from an MBBS graduate in Pakistan to a public health professional in the UK exemplifies her dedication to advancing public health on a global scale.

